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## **BUCKWHEAT PLANTING GUIDE**

### **QUICK REFERENCE:**

#### **BUCKWHEAT**

- improves soil health, nutrient cycling, and root structure.
- Quick germination — great choice for a ground cover between plantings.

#### **Site Selection:**

- Buckwheat thrives in sandy, light, or medium soils that drain well.
- Grows best in cool, moist conditions.
- It is not drought or frost tolerant.
- Ideal pH is 6-7.

#### **Planting Time:**

- Early spring through summer [after last frost].
- Plant when night temperatures are above 55°F.
- Buckwheat needs 10-12 weeks to grow to maturity, so make sure you plant at least 2 months prior to fall frost.

#### **Planting Prep:**

- Start with a clean and firm seed bed
- Plant one 50 lb bag to the acre
- If broadcasting, use 70 lbs per acre
  - Plant 1/2 to 1.5 inch depth
  - 6 to 8 inch rows are preferred
- Use 300 lbs of 19-19-19 or follow soil test
- Plants will usually grow 30-40 inches in height depending on soil conditions.
- Check your label, sethoxydim could be used to control grass weeds.